



## Jamie Elzea

### Qualifications Summary

Jamie has over 15 years of experience leading across sectors to improve the lives of individuals and communities by investing in organizations and systems for change. She specializes in executive leadership and board development, organizational capacity building, strategic planning, stakeholder engagement, and creating healthy organizational cultures. She is passionate about supporting reflective values-led leadership for creating sustainable practices and increasing mission impact.

### Professional History

|   |                         |                |
|---|-------------------------|----------------|
| Valtas Group                                    | Consultant              | 2025 – Present |
| Nurtureways, LLC                                | Founder/Consultant      | 2021 – Present |
| Peer Recovery Center of Excellence              | Consultant              | 2023 – 2024    |
| Washington Association for Infant Mental Health | Executive Director      | 2018 – 2021    |
| ConnecT1D                                       | Executive Director      | 2016 – 2018    |
| Shoreline Community Collage                     | Associate Faculty       | 2014 – 2018    |
| Fred Hutch Cancer Center                        | Research Therapist      | 2015 – 2016    |
| University of Washington Bothell                | Mental Health Therapist | 2012 – 2014    |
| University of Washington Rehab Medicine         | Research Therapist      | 2009 – 2015    |

### Accomplishments

- Led Boards in development of robust multi-year strategic plans and supported staff in operationalizing and executing strategic goals to improve mission impact.
- Doubled revenue, tripled staff capacity, and grew three new arms of programming within three years.
- Built internal infrastructure systems for finance, constituent management, training registration, program management, and evaluation practices.
- Led a four-state collaborative that engaged over one hundred stakeholders regionally to create a ninety-page guide and assessment tools to support regional reflective supervision practices.
- Engaged hundreds of stakeholders in focus groups, interviews, agency site visits, surveys, and a photovoice project to inform a county and statewide landscape analysis of the state and needs of an emerging professional sector.
- Led state policy efforts to engage prenatal-to-five workforce stakeholders and lawmakers in creating policy recommendations that changed Medicaid practices for mental health assessment of young children and created funding pathways for professional development training.
- Led cohorts of executive leaders in communities of practice around nonprofit best practices and executive development.
- Founded a consulting business that supported strategic growth, organizational capacity building, and strengthening governance practices for nonprofit executives and boards across the US.

## **Licenses / Education**

- MPH, University of Michigan
- MSW, University of Michigan
- BA Psychology, Whitman College
- Nonprofit Executive Leadership Institute (NELI), University of Washington
- Licensed Clinical Social Worker (LICSW), Washington State
- Endorsed Infant Mental Health Mentor (Clinical Mentor & Policy Mentor)

## **Board / Volunteer Experience**

- Board, PEPS, Seattle, 2017-2019
- Advisory Member, Seattle Children's Hospital Endocrinology Outpatient Clinic Design Team, 2017-2019
- Board (Communications Chair), Bothell Family Cooperative Preschool, 2013-2014