Jamie Elzea

Qualifications Summary

Jamie has over 15 years of experience leading across sectors to improve the lives of individuals and communities by investing in organizations and systems for change. She specializes in executive leadership and board development, organizational capacity building, strategic planning, stakeholder engagement, and creating healthy organizational cultures. She is passionate about supporting reflective values-led leadership for creating sustainable practices and increasing mission impact.

Professional History

Valtas Group	Consultant	2025 – Present
Nurtureways, LLC	Founder/Consultant	2021 – Present
Peer Recovery Center of Excellence	Consultant	2023 – 2024
Washington Association for Infant Mental Health	Executive Director	2018 – 2021
ConnecT1D	Executive Director	2016 – 2018
Shoreline Community Collage	Associate Faculty	2014 – 2018
Fred Hutch Cancer Center	Research Therapist	2015 – 2016
University of Washington Bothell	Mental Health Therapist	2012 – 2014
University of Washington Rehab Medicine	Research Therapist	2009 – 2015

Accomplishments

- Led Boards in development of robust multi-year strategic plans and supported staff in operationalizing and executing strategic goals to improve mission impact.
- Doubled revenue, tripled staff capacity, and grew three new arms of programming within three years.
- Built internal infrastructure systems for finance, constituent management, training registration, program management, and evaluation practices.
- Led a four-state collaborative that engaged over one hundred stakeholders regionally to create a ninety-page guide and assessment tools to support regional reflective supervision practices.
- Engaged hundreds of stakeholders in focus groups, interviews, agency site visits, surveys, and a photovoice project to inform a county and statewide landscape analysis of the state and needs of an emerging professional sector.
- Led state policy efforts to engage prenatal-to-five workforce stakeholders and lawmakers in creating policy recommendations that changed Medicaid practices for mental health assessment of young children and created funding pathways for professional development training.
- Led cohorts of executive leaders in communities of practice around nonprofit best practices and executive development.
- Founded a consulting business that supported strategic growth, organizational capacity building, and strengthening governance practices for nonprofit executives and boards across the US.

Licenses / Education

- MPH, University of Michigan
- MSW, University of Michigan
- BA Psychology, Whitman College
- Nonprofit Executive Leadership Institute (NELI), University of Washington
- Licensed Clinical Social Worker (LICSW), Washington State
- Endorsed Infant Mental Health Mentor (Clinical Mentor & Policy Mentor)

Board / Volunteer Experience

- Board, PEPS, Seattle, 2017-2019
- Advisory Member, Seattle Children's Hospital Endocrinology Outpatient Clinic Design Team, 2017-2019
- Board (Communications Chair), Bothell Family Cooperative Preschool, 2013-2014

Previous Valtas Assignments

- Bellevue Schools Foundation, Interim Executive Director, 2025-2026